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Data Sheet

Adjustable Under-Desk Foot Rest

Product ID: FTRST1



This adjustable under-desk foot rest helps to increase your comfort and productivity, by keeping you ergonomically positioned throughout the day. It’s a cost-effective way to modify your workstation. You can customize your foot rest to your most comfortable position by easily adjusting the height and angle at any time.

Adjustable features for greater comfort

Proper alignment of your feet and back helps you to work in greater comfort all day. The under-desk foot rest helps you maintain better posture by customizing your work setup.

The foot rest features a large platform that's designed to accommodate a wide range of user needs. It is ideally sized at 18 in. x 14 in. (45cm x 35cm) to provide daily comfort and also fit easily under your desk. You can quickly adjust the height of the foot rest from 3.7 inches to 4.8 inches.

With a simple push on the platform, you can also adjust the angle of your foot rest, with two tilt positions: 0° to 15° and 0° to 30°. These adjustable features allow you to personalize your workstation for greater comfort.

Increase movement while sitting

The rocking design lets you exercise your feet back and forth, helping to stretch your ankles and calves. The foot rest elevates your feet to improve your blood circulation and reduce fatigue.

Non-slip rubberized surface

The rubberized platform surface prevents your feet from slipping off the footrest. The massage bumps help to soothe your feet during extended periods of sitting.

The FTRST1 is backed by a StarTech.com 5-year warranty and free lifetime technical support.

Certifications, Reports and Compatibility

RoHS & REACH DOWNLOAD DECLARATION

TAA COMPLIANT

Applications

- Ideal for office workers in commercial, business, and institutional facilities to add comfort while sitting
- Use it in your home office for enhanced ergonomics

Features

- Work in greater comfort with this adjustable foot rest
- Large platform design 18 in. x 14 in. (45 cm x 35 cm) fits a wide range of needs
- Adjustable height from 3.7 in. to 4.8 in. (9.5 cm to 12.3 cm)
- Easily adjusts with two tilt angles (15°/ 30°), to ensure a comfortable fit
- Use platform rollers and surface bumps to improve circulation and massage feet
- Non-slip rubberized surface

	Warranty	5 Years
Performance	Height Adjustment	Yes
	Maximum Height	4.8 in [123 mm]
	Minimum Height	3.7 in [95 mm]
	Tilt	0° / -30°
Physical Characteristics	Color	Black
	Enclosure Type	Plastic and Aluminum
	Product Height	3.7 in [95 mm]
	Product Length	19.9 in [505 mm]
	Product Weight	105 oz [2975 g]
	Product Width	14.2 in [360 mm]
Packaging Information	Package Height	3.9 in [100 mm]
	Package Length	19.9 in [505 mm]
	Package Width	14.2 in [360 mm]
	Shipping (Package) Weight	6.6 lb [3 kg]
What's in the Box	Included in Package	1 - Footrest
		1 - Quick-start guide

Product appearance and specifications are subject to change without notice.